

MEMBERSHIPS

Choose from one month, three months or a one year membership for adults, students, seniors or families.

Choose from the pool, squash, fitness or the entire Complex!

Payment plans help keep your membership affordable. For example, pay for a 1-year fitness membership in four installments of \$93.48

COMPLEX MEMBERSHIP DEAL

With your one year Complex membership, don't forget that you are entitled to use the gym, games of squash, a swim in the pool, public skating and all of our fitness classes.

WHAT WE OFFER

- a great selection of membership combinations to suit your needs
- certified personal trainers
- certified fitness instructors for both pool and land
- the area's most comprehensive multi-purpose facility including fitness rooms, squash court, pool & arena
- air conditioned fitness facility with treadmills, cross trainers, life cycles, rowing machine, summit machine and universal & free weights
- many fitness classes each week with fully certified staff in an air conditioned room
- 25 metre pool and saunas
- locker rooms and locker rentals

COMPLEX MEMBERSHIP FEES as of July 1, 2017 (hst must be added to all prices)

	STUDENT/SENIORS	ADULT	FAMILY
COMPLEX			
1 MONTH	56.03	74.70	158.36
3 MONTHS	133.79	178.39	378.19
1 YEAR	446.77	595.69	1262.86
POOL			
DAILY	3.98	5.31	11.28
1 MONTH	30.64	40.85	86.60
3 MONTHS	72.50	96.67	204.94
1 YEAR	203.00	270.66	573.80
SQUASH			
DAILY	4.15	5.53	11.72
1 MONTH	30.04	40.05	84.91
3 MONTHS	71.08	94.77	200.91
1 YEAR	201.54	268.72	569.69
FITNESS			
DAILY	7.30	9.73	X
1 MONTH	43.90	58.53	124.08
3 MONTHS	99.10	132.13	280.12
1 YEAR	280.43	373.90	792.67

Fitness Classes

Pay as you go 9.73

Locker Rentals

3 months 25.00 1 year 75.00

12 Youth Swim Passes - 39.80
12 Adult Swim Passes - 53.10

Anyone wishing to purchase a Yearly Membership may take advantage of our installment payment plan. For further information, contact one of the staff at the front desk.

Going on vacation? All holders of a one year membership are entitled to put their membership on hold once during that year. Ask for details.

Active Living Passes

These passes can be used for a workout, a swim, a skate, a game of squash or an aquafitness class.

5 Passes \$40.00
25 Passes \$160.00

6-MONTH COMPLEX MEMBERSHIP PROMOTION

\$395 + HST (Adult)

\$296 + HST (Student/Senior)

\$770 + HST (Family)

Includes Access To:

- ⊗ Our Gyms
- ⊗ All Fitness Classes
- ⊗ Recreational Swims
- ⊗ Public Skates
- ⊗ Squash
- ⊗ Sauna

Available for purchase until
December 31, 2017